# Healthcare Heroes

ERIE VA MEDICAL CENTER | 2014 ANNUAL REPORT





## Message from the Director

Dear Veterans and community partners,

On behalf of everyone here at the Erie VA Medical Center, thank you for your continued support of our medical center. While I joined the team just after the new fiscal year, it is my honor to present this 2014 Annual Report – a glimpse into the heart of the Erie VAMC.

In 2014, access to timely VA health care became a focal point throughout the Nation. One of the truly great things about Erie VAMC is that access to timely care has been a focal point here at our facility for several years now. Because of that, we were able to continue providing same day access for both primary care and behavioral health care needs and were able to improve access in several specialty care clinics so Veterans' health needs continue to be met in a timely manner.

In this report, you will see Erie VAMC's continued commitment to serving Veterans. Everything we accomplished in 2014 – from enhancing access to care by expanding virtual care services, to collaborating with community partners to end homelessness among Veterans, to improving and expanding our facility landscape – was done to enhance Veteran-centered care.

This year has certainly been a year of transition for the VA – both nationally and on a local level. But the opportunities to restore, refocus, and reinvigorate bring much hope to the future of the VA and the care of our Nation's heroes.

We have one of the most noble missions in our country – to serve our Nation's Veterans. It's a mission that our staff, community partners, and Veterans have poured their hearts and souls into supporting. And for that, I thank you. I look forward to the years ahead as we continue to build upon Erie VAMC's long and proud legacy of caring for Veterans.







Veterans of all eras, it is specifically held to connect returning Veterans and their families with VA and community resources available to them. VA representatives and other Veteran-related community organizations were on-site to provide attendees with information and to link them to appropriate services.

## **Expanding Virtual Care**

#### My HealtheVet

Expanding Access at your fingertips

13,335 Erie VAMC patients have a MHV account

10,122 Erie VAMC patients have a premium account

10,657 Secure Messages sent by Erie VAMC patients

Last year, Erie VAMC made a strong commitment to expand online access to health care by enrolling and authenticating more patients in the My HealtheVet program. This program allows Veterans to refill prescriptions, send secure messages to their providers, view lab results, view upcoming appointments, view provider notes and much more. Today, nearly one out of two Veterans enrolled at the Erie VAMC is managing his or her health care online.

#### **Behavioral Health Access on Campus**

Erie VAMC was the first in the VISN (Veterans Integrated Service Network) to successfully pilot a telehealth partnership with a local university. This collaborative effort uses telehealth technology to seamlessly bring VA behavioral health support to Veteran students at Edinboro University.

"We heard from our OEF/OIF/OND program that student Veterans would often comment about not being able to squeeze in appointments between classes," says Theresa Allen, Erie VA Telehealth Technician. "The beauty of telehealth care is that we can work around patients' schedules to provide the right care, at the right time, in the right place."

The Clinical Video Telehealth (CVT) program launched in June 2014. CVT uses cameras, in this case computer cameras, to link the Veteran face-to-face with an Erie VA Behavioral Health specialist over a secure online connection. No more squeezing behavioral health care in between classes. Veterans can focus on their behavioral health care needs when they want, where they want, and how they want.

#### Launched Tele-Cardiac Rehab Program

In 2014, Erie VAMC launched the first telecardiac rehab program in our VISN. Patients using this program visit their VA clinic at least once for an initial visit and then are followed at home through video conferencing with a physical therapist from Erie. This program provides easy access to follow-up care while allowing Veterans the convenience of recovering in the comfort of their own home.

## 2014 TeleHealth Usage

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TeleHealth 5,455 0

Secure Messaging 5,764

0

Store & Forward Telehealth 4,097 O

Clinical TeleHealth Home TeleHealth 1,160 668

9,773 Erie VA Patients Used TeleHealth



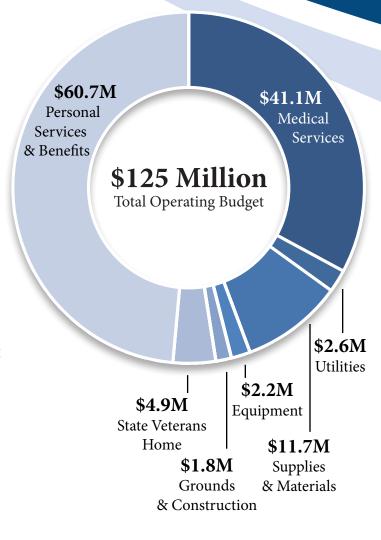
## **Urgent Care Center**

The popularity of our Urgent Care Center (UCC) continues to grow as we reached a record-high of *7,958 UCC visits in 2014*. Erie VAMC's UCC provides Veterans with easy, convenient access to care for urgent care needs. The UCC is open every day from 8am-8pm including weekends and holidays.

## Non-Institutional Care

Part of Erie VAMC's Veteran-centered approach to health care is offering care in a location that is most convenient to the patient. Our Non-Institutional Care program meets this need by offering care at home or in their community for patients who have chronic health conditions or limited mobility.

Non-Institutional Care services, such as Home Based Primary Care (HBPC) and Home Telehealth, specifically benefit Veterans in rural areas by enhancing access to VA care. In 2014, Erie VAMC added two registered nurses, one social worker and two dietitians to expand HBPC services available to McKean, Venango, and Warren counties. This shift to non-institutional care has dramatically reduced hospital admissions and helps keep patients healthier at home.



## **Erie VA By The Numbers**



**7,958** UCC Visits



23,345 Unique Patients



**1,418** Women Veterans



**267,142** Outpatient Visits



**710** Employees



**1,920** OEF/OIF/OND Veterans



**\$380,932** Donations



**631** Volunteers



**47,996**Behavioral Health Visits

## **Eliminating Homelessness One Veteran at a Time**

## A story of hope



(left to right): Christopher Deets, Janet Montgomery, Jeff Natalie, Laryssa Stolar, Deb Semanscin-Doerr, Amanda Merski.

For nearly 27 years, Christopher Deets struggled with several mental health issues, alcohol addiction, and chronic homelessness. After multiple run-ins with the law, probation violations, and suicide attempts, Deets was left feeling hopeless and defeated.

It wasn't until about a year ago that Deets finally reached a turning point as he sat in jail. During one of his visits with Jeff Natalie, Erie VAMCs Veterans Justice Outreach Coordinator, something clicked.

"[Jeff] gave me an idea that I'm better than just sitting on the street begging for money. I can be better; I can do more," says Deets. "For the first time, I had hope that if I stopped drinking, my life might get better. For the first time, I had a goal."

In treatment court, Deets was given one last chance to turn his life around. It was then that he

fully committed to his treatment and recovery in partnership with the Erie VAMC. With the help and support of the homeless care team, Deets found a safe and reliable home that he moved into within a month of being released from jail.

"I don't focus on my past anymore. I focus on what I can do with the present," says Deets. "Where I used to be greedy is now filled with an internal drive to give to others. Now, no matter how bad I feel, I get up and do something for someone else."

Today, Deets is 9 months sober and counting. He volunteers his time at the Mental Health Association and co-founded Erie VAMC's One Veteran at a Time support group that dedicates it's time to helping other local homeless Veterans. With a roof over his head and goals to focus on, Deets' recovery is moving forward.

## Eliminating Homelessness among Veterans

Last year, the Homeless Care Team assisted more than 700 Veterans who were homeless or at imminent risk of becoming homeless. The team conducted outreach to hundreds of homeless Veterans and community partners who share their mission of ending homelessness.

The Erie VAMC Homeless
Care Team was recognized
as one of the Nation's top five
homeless programs for their
efforts in community outreach,
strategic partnerships, and data
collaboration.

84%
of Veterans that
work with Erie
VAMC's
HUD-VASH team
end up with
permanent
housing.

85%
of homeless
Veterans who
don't work with
Erie VAMC,
do not find
permanent
housing.

In 2014, Erie created a locally-based data sharing process to create a comprehensive list of all homeless Veterans. This collaboration with community partners resulted in quicker identification of homeless Veterans in the community, more targeted and effective delivery of VA homeless services, and a much more accurate measurement of homelessness among Veterans in our community. This data-sharing process has become a best practice for VA homeless care teams across the country.

## **Expanding Veterans Justice Outreach**

The number of Veterans served through the Veteran Justice Outreach program has tripled since adding a full-time Veterans Justice Outreach Coordinator in 2014. The VJO Coordinator works with Veterans who are involved in the criminal justice system to connect them with VA treatment and recovery resources. In 2014, the Veterans Justice Outreach Coordinator was instrumental in helping develop Erie's Veterans Court which is aimed at ensuring Veterans who are involved in the justice system can get the treatment and mentoring they need to be successful. Erie's Veterans Court launched in January 2015.

"VJO focuses on treating the invisible wounds of war that are often masked by substance abuse, alcohol dependence, and bad decision making," says Jeff Natalie, Veterans Justice Outreach Coordinator. "VJO helps to give a context to make sense of it all, educate the justice system, and helps Veterans return to the sense of honor that they served with."

**30 Veterans** 2012

37 Veterans 2013 **148 Veterans** 2014

Number of Veterans Served via Veterans Justice Outreach

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#### 1 Caregiver Support Conference

Erie VAMC hosted a Caregiver Support Conference for local caregivers to provide them with education about VA services and community resources available to help them support the Veterans they care for. Erie's Caregiver Support Program provides support services to more than 250 family caregivers.

1 Recognized for Excellent Hiring Practices
Erie VAMC's Human Resources department received
the Office of Vocational Rehabilitation (OVR) Business
Award in recognition of their work going above and
beyond to hire Veterans and other individuals
with disabilities.

#### 2 Mental Health Summit

Our Behavioral Health Clinic hosted a community-wide Mental Health Summit to address the specific mental health care needs of Veterans and their families and to enhance access to mental health services for Veterans. Discussions were focused on outreach and engagement, implementing recovery principles, eliminating mental health stigma, coordination of mental health services, reducing barriers to mental health services, and building community collaborations to meet the needs of Veterans' family members.

#### **3** Community Outreach

Erie VAMC's outreach team attended more than 70 community events to actively reach out to Veterans and their families and link them to VA health care. The Homeless Care Team also attended more than 100 outreaches at local soup kitchens, warming centers, the Erie City Mission, and other activities in efforts to identify homeless Veterans in the community and to connect them to Erie VAMC's homeless services.







#### **Parking Garage**

Expected Completion Date: Fall 2015 The long-awaited parking garage will add approximately 275 parking spaces to Erie VAMC's campus.



#### **New Ambulatory Surgery Center**

Expected Completion Date: Fall 2015

The new state-of-the-art Ambulatory Surgery Center will provide easier access for patients needing ambulatory surgery services.

#### **Community Living Center (CLC)**

Expected Start Date: TBD

The new Community Living Center will provide a more home-like environment for residents.

#### Now Open: New Behavioral Health Clinic

Opened: May 2014

Erie VAMC opened a new 20,000 square-foot Behavioral Health Clinic (BHC), pictured above, this past May. While Erie VAMC was pleased to celebrate the opening of the new clinic, we were even more excited about celebrating recovery for the local Veterans. As a grand opening celebration, Erie VAMC hosted a Veterans Art Gala and Open House for Veterans, their families, and members of the community.

#### Now Open: New Ashtabula VA Clinic

Opened: October 2014



Over the past few years, the Ashtabula VA Clinic has expanded its programs and services to meet the needs of a growing number of area Veterans seeking care. The new 6,476-square-foot clinic accommodates for continued growth as Erie VAMC expands on-site specialty services, including telehealth and behavioral health services.

### **Our Services**

#### **General Information**

814-868-8661 1-800-274-8387 (toll free)

#### **Appointments**

814-860-2124 1-888-860-2124 (toll free)

#### **Medication Refills**

814-868-6284 1-800-274-8387 (toll free)

#### **Eligibility**

814-860-2970

#### **Release of Information**

814-860-2212

#### **Veterans Experience Officer**

814-860-2500

#### My HealtheVet Program

www.myhealth.va.gov 814-860-2821

#### **Caregiver Support**

814-860-2657 1-855-260-3274 (toll free) www.caregiver.va.gov

#### **Returning Service Members**

(OEF/OIF/OND) 814-860-2965

#### **Women Veterans Program**

814-860-2907

#### MOVE! (Weight Management)

814-860-2554

#### **Behavioral Health Clinic**

814-860-2038

#### Homeless Care Team 814-860-2392

Homeless Veterans Hotline 1-877-424-3838

#### **Veterans Crisis Line**

1-800-273-8255 Text to 838255 www.veteranscrisisline.net

#### Hospice/Palliative Care

(Unit 5) 814-860-2480

## Community Living Center (Unit 4)

Phone: 866-962-3260

814-860-2332

### **Care Closer to Home**

#### Warren VA Clinic McKean VA Clinic Veterans Served: 1,975 Veterans Served: 1,171 Ashtabula VA Clinic 3 Farm Colony Drive 23 Kennedy Street **Veterans Served:** Warren, PA 16365 Bradford, PA 16701 2,258 Phone: 866-682-3250 Phone: 814-368-3019 2044 Lambros Lane Ashtabula, OH 44004 Phone: 866-463-0912 **Erie VAMC** Meadville VA Clinic Veterans Served: 2,714 Venango VA Clinic 16954 Conneaut Lake Road Veterans Served: 1,970 Meadville, PA 16335 464 Allegheny Boulevard Phone: 866-962-3210 Franklin, PA 16323





#### ERIE VA MEDICAL CENTER

138 East 38th Street Erie, PA 16594 1-800-274-8387

www.erie.va.gov

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**☑**ErieVAMC

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